

Medication List

Dr. Vani Sabesan, MD

Morning of Surgery (Pre-operative Medication)

- Celebrex 200 mg (QTY 2) — Take 2 tablets in the morning of surgery with a sip of water.
- Gabapentin 300 mg (QTY 2) — Take 2 tablets the morning of surgery with a sip of water.
- Oxycontin 10 mg — This will be given to you in pre-op in the hospital prior to surgery.

After surgery Pain Management (Post-operative Medications)

- Tylenol 500 mg (also known as Acetaminophen — available over the counter at the pharmacy) — Take 2 tablets every 8 hours for 3 days.
- Toradol 10 mg (Ketorolac) (QTY 12) Take 1 tablet every 6 hours for 3 days.
- Oxycodone 5 mg (QTY 28) - Take 1 tablet every 6 hours as needed for breakthrough pain.
Can cause constipation so consider taking an over-the-counter stool softener (Colace, Senna, Miralax)

Instead of Oxycodone, you may be prescribed to take after surgery:

- Tramadol 50 mg (QTY 20) — Take 1 tablet every 6 hours as needed for breakthrough pain

After 3 days, if you are able to take non-steroidal anti-inflammatory medication (NSAIDs such as Ibuprofen or Meloxicam):

- Advil, or Motrin (also known as Ibuprofen - available over the counter at the pharmacy)
– Take 3-4 tablets (a total of 600-800 mg) every 6-8 hours with food
- Tylenol 500 mg (also known as Acetaminophen — available over the counter at the pharmacy) — Take 2 tablets every 8 hours for 3 days. You can take Ibuprofen and Tylenol together.

- If you take Ibuprofen and Tylenol, you will have consistent levels of pain medication in your system. If pain is severe, you may need a stronger pain medication.